



ExecSelect Plan

Know the eligible expenses included in your ExecSelect™ Health and Wellness Program

THE PLAN

Your ExecSelect™ Plan can be used for a variety of out-of-pocket health care expenses. The following is a list of eligible expenses commonly used to support a healthy and happy lifestyle.

ELIGIBLE EXPENSES

BABY/CHILD TO AGE 13

- Lactation Consultant*
- Lead-Based Paint Removal
- Special Formula*
- Tuition: Special School/Teacher for Disability or Learning Disability*
- Well Baby /Well Child Care

DENTAL

- Dental X-Rays
- Denture and Bridges
- Exams and Teeth Cleaning
- Extractions and Fillings
- Oral Surgery
- Orthodontia
- Periodontia Services

EYES

- Eye Exams
- Eyeglasses and Contact Lenses
- Prescription Sunglasses
- Radial Keratotomy

HEARING

- Hearing Aids and Batteries
- Hearing Exams

LAB EXAMS/TESTS

- Blood Tests and Metabolism Tests
- Body Scans
- Cardiograms
- Laboratory Fees
- X-Rays

MEDICAL EQUIPMENT/SUPPLIES

- Air Purification Equipment*
- Arches and Orthotic Inserts
- Contraceptive Devices
- Crutches, Walkers, Wheelchairs
- Exercise Equipment*
- Hospital Beds*
- Mattresses*
- Medic Alert Bracelet or Necklace
- Nebulizers
- Orthopedic Shoes
- Oxygen*
- Post-Mastectomy Clothing
- Prosthetics
- Syringes
- Wigs*

MEDICAL PROCEDURES/SERVICES

- Acupuncture
- Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)
- Ambulance
- Fertility Enhancement and Treatment
- Hair Loss Treatment*
- Hospital Services
- Immunization
- In Vitro Fertilization
- Executive Physical Examinations
- Reconstructive Surgery (due to a congenital defect, accident, or medical treatment)
- Service Animals
- Sterilization/Sterilization Reversal
- Transplants (including organ donor)

MEDICATIONS

- Insulin
- Prescriptions Drugs

OBSTETRICS

- Breast Pumps and Lactation Supplies
- Doulas*
- Lamaze Class
- OB/GYN Prepaid Maternity Fees (reimbursable after date of birth)
- Pre- and Postnatal Treatments

PRACTITIONERS

- Allergists
- Chiropractor
- Christian Science Practitioner
- Dermatologist
- Homeopath
- Naturopath*
- Optometrist
- Osteopath
- Physician
- Psychiatrist or Psychologist

THERAPY

- Alcohol and Drug Addiction
- Counseling (not marital or career)
- Exercise Programs*
- Hypnosis
- Massage*
- Occupational
- Physical
- Smoking Cessation Programs*
- Speech
- Weight Loss Programs*

NOTE: This list is not meant to be all-inclusive, as other expenses not specifically mentioned may also qualify. Also, expenses marked with an asterisk (*) are "potentially eligible expenses" that require a Note of Medical Necessity from your health care provider to qualify for reimbursement. For additional information, check your Summary Plan Document or contact your Plan Administrator.

Know your Health Care Eligible and Ineligible Expenses

ELIGIBLE OVER-THE-COUNTER MEDICINES AND DRUGS

- Acid controllers
- Acne medicine
- Allergy and sinus
- Antibiotic products
- Antifungal (foot)
- Antiparasitic treatments
- Antiseptic and wound cleansers
- Anti-diarrheals
- Anti-gas
- Anti-itch and insect bite
- Baby rash ointments and creams
- Baby teething pain
- Cold sore remedies
- Contraceptives
- Cough, cold and flu
- Denture pain relief
- Digestive aids
- Ear care
- Eye care
- Feminine anti-fungal and anti-itch
- Fiber laxatives (bulk forming)
- First aid burn remedies
- Foot care treatment
- Homeopathic remedies
- Incontinence protection & treatment products
- Laxatives (non-fiber)
- Medicated nasal sprays, drops, & inhalers
- Medicated respiratory treatments & vapor products
- Motion sickness
- Oral remedies or treatments
- Pain relief (includes aspirin)
- Skin treatments
- Sleep aids & sedatives
- Smoking deterrents
- Stomach remedies
- Unmedicated nasal sprays, drops & inhalers
- Unmedicated vapor products vapor products
- Menstrual products

ELIGIBLE OVER-THE-COUNTER ITEMS

(Product categories are listed in bold; common examples are listed below)

- **Baby Electrolytes and Dehydration**
Pedialyte, Enfalyte
- **Contraceptives**
Unmedicated condoms
- **Denture Adhesive, Repair, & Cleaners**
PoliGrip, Benzodent, Plate Weid, Efferdent
- **Diabetes Testing and Aids**
Ascencia, One Touch, Diabetic Tussin, Insulin syringes; glucose products
- **Diagnostic Products**
Thermometer, blood pressure monitors, cholesterol testing
- **Ear Care**
Unmediated ear drops, syringes, ear wax removal
- **Elastic/Athletic Treatments**
ACE, Futuro, elastic bandages, braces, hot/cold therapy orthopedic supports, rib belts
- **Eye Care**
Contact lens care
- **Family Planning**
Pregnancy and ovulation kits
- **First Aid Dressings and Supplies**
Band Aid, 3M Nexcare, non-sport tapes
- **Foot Care Treatment**
Unmedicated corn and callus treatments (e.g. callus cushions), devices, therapeutic insoles
- **Glucosamine &/or Chondroitin**
Osteo-Bi-Flex, Cosamin D, Flex-a-min Nutritional Supplements
- **Hearing Aid/Medical Batteries**
- **Home Health Care (limited segments)**
Ostomy, walking aids, decubitus/pressure relief, enteral/parenteral feeding supplies, patient lifting aids, orthopedic braces/supports, splints and casts, hydrocollators nebulizers, electrotherapy products, catheters, unmedicated wound care, wheelchairs
- **Incontinence Products**
Attends, Depend GoodNites for juvenile incontinence, Prevail
- **Prenatal Vitamins**
Stuart Prenatal, Nature's Bounty Prenatal Vitamins
- **Reading Glasses and Maintenance Accessories**

- Note: This list is not meant to be all-inclusive



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