



# ExecSelect Plan

Know the eligible expenses included in your ExecSelect™ Health and Wellness Program

## THE PLAN

Your ExecSelect™ Plan can be used for a variety of out-of-pocket health care expenses. The following is a list of eligible expenses commonly used to support a healthy and happy lifestyle.

## ELIGIBLE EXPENSES

### BABY/CHILD TO AGE 13

- Lactation Consultant\*
- Lead-Based Paint Removal
- Special Formula\*
- Tuition: Special School/Teacher for Disability or Learning Disability\*
- Well Baby /Well Child Care

### DENTAL

- Dental X-Rays
- Denture and Bridges
- Exams and Teeth Cleaning
- Extractions and Fillings
- Oral Surgery
- Orthodontia
- Periodontia Services

### EYES

- Eye Exams
- Eyeglasses and Contact Lenses
- Prescription Sunglasses
- Radial Keratotomy

### HEARING

- Hearing Aids and Batteries
- Hearing Exams

### LAB EXAMS/TESTS

- Blood Tests and Metabolism Tests
- Body Scans
- Cardiograms
- Laboratory Fees
- X-Rays

### MEDICAL EQUIPMENT/SUPPLIES

- Air Purification Equipment\*
- Arches and Orthotic Inserts
- Contraceptive Devices
- Crutches, Walkers, Wheelchairs
- Exercise Equipment\*
- Hospital Beds\*
- Mattresses\*
- Medic Alert Bracelet or Necklace
- Nebulizers
- Orthopedic Shoes
- Oxygen\*
- Post-Mastectomy Clothing
- Prosthetics
- Syringes
- Wigs\*

### MEDICAL PROCEDURES/SERVICES

- Acupuncture
- Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)
- Ambulance
- Fertility Enhancement and Treatment
- Hair Loss Treatment\*
- Hospital Services
- Immunization
- In Vitro Fertilization
- Executive Physical Examinations
- Reconstructive Surgery (due to a congenital defect, accident, or medical treatment)
- Service Animals
- Sterilization/Sterilization Reversal
- Transplants (including organ donor)

### MEDICATIONS

- Insulin
- Prescriptions Drugs

### OBSTETRICS

- Breast Pumps and Lactation Supplies
- Doulas\*
- Lamaze Class
- OB/GYN Prepaid Maternity Fees (reimbursable after date of birth)
- Pre- and Postnatal Treatments

### PRACTITIONERS

- Allergists
- Chiropractor
- Christian Science Practitioner
- Dermatologist
- Homeopath
- Naturopath\*
- Optometrist
- Osteopath
- Physician
- Psychiatrist or Psychologist

### THERAPY

- Alcohol and Drug Addiction
- Counseling (not marital or career)
- Exercise Programs\*
- Hypnosis
- Massage\*
- Occupational
- Physical
- Smoking Cessation Programs\*
- Speech
- Weight Loss Programs\*

**NOTE:** This list is not meant to be all-inclusive, as other expenses not specifically mentioned may also qualify. Also, expenses marked with an asterisk (\*) are "potentially eligible expenses" that require a Note of Medical Necessity from your health care provider to qualify for reimbursement. For additional information, check your Summary Plan Document or contact your Plan Administrator.

# Know your eligible health and wellness expenses

## ELIGIBLE OVER-THE-COUNTER MEDICINES AND DRUGS

- Acid controllers
- Acne medicine
- Allergy and sinus
- Antibiotic products
- Antifungal (foot)
- Antiparasitic treatments
- Antiseptic and wound cleansers
- Anti-diarrheals
- Anti-gas
- Anti-itch and insect bite
- Baby rash ointments and creams
- Baby teething pain
- Cold sore remedies
- Contraceptives
- Cough, cold and flu
- Denture pain relief
- Digestive aids
- Ear care
- Eye care
- Feminine anti-fungal and anti-itch
- Fiber laxatives (bulk forming)
- First aid burn remedies
- Foot care treatment
- Homeopathic remedies
- Incontinence protection & treatment products
- Laxatives (non-fiber)
- Medicated nasal sprays, drops, & inhalers
- Medicated respiratory treatments & vapor products
- Motion sickness
- Oral remedies or treatments
- Pain relief (includes aspirin)
- Skin treatments
- Sleep aids & sedatives
- Smoking deterrents
- Stomach remedies
- Unmedicated nasal sprays, drops & inhalers
- Unmedicated vapor products vapor products
- Menstrual products

## ELIGIBLE OVER-THE-COUNTER ITEMS

(Product categories are listed in bold; common examples are listed below)

- **Baby Electrolytes and Dehydration**  
Pedialyte, Enfalyte
- **Contraceptives**  
Unmedicated condoms
- **Denture Adhesive, Repair, & Cleaners**  
PoliGrip, Benzodent, Plate Weid, Efferdent
- **Diabetes Testing and Aids**  
Ascencia, One Touch, Diabetic Tussin, Insulin syringes; glucose products
- **Diagnostic Products**  
Thermometer, blood pressure monitors, cholesterol testing
- **Ear Care**  
Unmediated ear drops, syringes, ear wax removal
- **Elastic/Athletic Treatments**  
ACE, Futuro, elastic bandages, braces, hot/cold therapy orthopedic supports, rib belts
- **Eye Care**  
Contact lens care
- **Family Planning**  
Pregnancy and ovulation kits
- **First Aid Dressings and Supplies**  
Band Aid, 3M Nexcare, non-sport tapes
- **Foot Care Treatment**  
Unmedicated corn and callus treatments (e.g. callus cushions), devices, therapeutic insoles
- **Glucosamine &/or Chondroitin**  
Osteo-Bi-Flex, Cosamin D, Flex-a-min Nutritional Supplements
- **Hearing Aid/Medical Batteries**
- **Home Health Care (limited segments)**  
Ostomy, walking aids, decubitus/pressure relief, enteral/parenteral feeding supplies, patient lifting aids, orthopedic braces/supports, splints and casts, hydrocollators nebulizers, electrotherapy products, catheters, unmedicated wound care, wheelchairs
- **Incontinence Products**  
Attends, Depend GoodNites for juvenile incontinence, Prevail
- **Prenatal Vitamins**  
Stuart Prenatal, Nature's Bounty Prenatal Vitamins
- **Reading Glasses and Maintenance Accessories**

- Note: This list is not meant to be all-inclusive



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